

# **AMIRTHA SANJEEVINI CHOORANAM**



## Ingredients:

- Zingiber officinale (Fresh Extract)
- Anacardium occidentale
- Santalum album
- Terminalia chebula
- Terminalia bellirica
- Emblica officinalis
- Cuminum cyminum

- Elettaria cardamomum
- Glycyrrhiza glabra
- Zingiber officinale(dry powder)
- Piper nigrum
- · Piper longum
- Jaggery

### **Action:**

Amirtha Sanjeevini Chooranam acts on neurons and rejuvenate its function. It repairs the neurons and also regulates the hormonal production such as cortisol which controls the brain activities. It catalyzes the biochemical reactions for normal function of the brain. It helps to rejuvenate overall function of the brain.

### **Indications:**

Amirtha Sanjeevini Chooranam can be prescribed for the following conditions

- ASD/ADHD
- Intellectual disorder
- · Speech disorder
- Neural disorder

### **Dosages and direction for use:**

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Night	Before food	After food	No.of days
5 g	-	-	Milk	100 ~ 200 ml	Υ	Υ	-	Y	150

Direction: - Take 5 g of Amirtha Sanjeevini Chooranam, mix with 100 ~ 200 ml warm milk and consume 30 minutes after food.

#### **Diet Instructions:**

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

#### **Side Effects:**

Amirtha Sanjeevini Chooranam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.